

# The SENIOR PARTNER

A NEWSPAPER SERVING MATURE READERS

AUGUST 2016



Marlene Toepfer holds a sweatshirt from a four-wheel drive event that honored her late son, Dan Toepfer. Marlene has many items from the business, including a sign and clothes. She retired in 2006, but remembers fondly the years she spent helping to run the family business.

MIRROR PHOTOS BY NANCY GAGNET



Marlene Toepfer plans to take her 1994 Jeep Wrangler to the Jeep celebration in downtown Toledo. For more than 30 years, Marlene's family owned and operated 4-Wheel Drive Diversified, a shop in Maumee that specialized in lift kits, tires, roll bars and accessories.

## Jeep Devotee Takes Wrangler Out Of Storage For One Last Hurrah

BY NANCY GAGNET  
MIRROR REPORTER

When Marlene Toepfer opens the door on her Jeep Wrangler, she needs a stepstool to climb into it.

"The threshold is at my waist," she said, smiling.

Marlene will take her Jeep to downtown Toledo this weekend for Jeep Fest — the 75th anniversary celebration of the famous Toledo-built vehicle. She has also decided to sell it.

"It's in mint condition, but it's time to let someone else have fun driving it," she said.

Her late son Daniel Toepfer insisted she add the jacked-up lift kit shortly after she bought it new in 1994. The advice made sense because for 30 years, Marlene and her husband John owned and operated 4-Wheel Drive Diversified, a business that specialized in customized lift kits, tires and accessories. A majority of that time — 25 years — their business was located on Illinois Avenue in Maumee.

"We had a sign up in our store that said, 'Whatever

fires your rocket.' That was always our saying — whatever the customer wanted, we did it for them. We had a lot of customers who worked at Jeep and were Jeep owners," she said.

Their son Dan later bought the business from his parents, but in 2005 he passed away unexpectedly. At the time, Marlene worked at the shop but was planning to retire.

The city purchased the property to build the fire station and Dan's 10

employees purchased the inventory and opened a new shop, Diversified Truck, Auto and Off-Road in Holland.

"They were very loyal employees and God bless them, they are still in business," Marlene said.

In 2006, Marlene did retire, but the spirit of Jeep and all it

stands for still remains firmly rooted in her life.

Along with her Jeep, which she has kept in storage for the past 10 years, she has Polaroid pictures of many customers — all taken after work was completed on their cars when her family owned the business. She also has several items from the shop, including sig-

nage and clothing.

In addition to Daniel, she and John raised two daughters, Denise and Debbie. The family had several Jeep vehicles, which they liked to take off-roading, especially to Sno-Blind, a winter trail-riding event in West Branch, Mich., that still takes place each year.

## Design Memorial

722 W. SOPHIA  
MAUMEE, OHIO 43537

STONE SERVICE L.L.C.  
(419) 891-9100

"Distinctive Designs at Reasonable Prices"

## Sandpiper

### Boat Rides for the Public!



#### Picnic Lunch Cruise

Some 2 hour cruises view stately homes, yacht clubs, and wildlife. Others go downriver to see the new Veteran's Glass City Skyway Bridge, Toledo's busy port, the shipyard and & dry-docks. The cruise includes a casual picnic lunch from Superior Catering. **Thursdays from 11:30 a.m. to 1:30 p.m.**

**During August and September • Adults - \$25 • Kids under 12 - \$17**

For reservations, call (419) 537-1212 or e-mail: [sandpiperboat@aol.com](mailto:sandpiperboat@aol.com)  
[www.sandpiperboat.com](http://www.sandpiperboat.com)

**So Much Water ... So Little Time! Don't Miss the Boat!**

# Your rehab is here.



St. Clare Commons  
A FRANCISCAN LIVING COMMUNITY

## 419.931.0050

home  
ishere.org

## Chelsea is here to help!

# Per Diem

Nurse Staffing and Home Care

18 N. Third Street  
Downtown Waterville  
www.pdnslc.com

419-878-8880  
Fax: 419-878-4896



**We Are Buying**  
**Gold, Silver,**  
**Coins & Watches!**

## Barrow's Jewelers

Family Operated for 30 Years!

- Diamonds • Gold • Jewelry
- Wedding Rings • Fine Watch Repair
- Appraisal Services • GIA Gemologists

**419.385.6114**

Glendale & The Trail – Next to Wixey Bakery

Hours: Mon.-Fri. 9-6 • Sat. 9-2

www.barrowsjewelers.com



## Columbia Gas Program Opens 2016-17 Enrollment Period

Steamy summer days and cold winter nights – two temperature extremes that can make energy bills unpredictable and can have an impact on monthly budgets.

Natural gas costs have remained low over the past several years and that is reflected in Columbia Gas of Ohio's budget payment plan. The plan amount for a customer using an average amount of gas is set at \$65.73 per month for the 2016-17 heating season. As a comparison, the 2008-09 winter heating season set a per-month record high of \$133 for the budget payment plan.

Columbia Gas of Ohio wants you take control of your natural gas bills by joining the plan, which offers many advantages:

**Easier budgeting** – Your bill remains the same each month.

**Convenience** – The plan

is free and you can spread the costs of winter heating bills throughout the year.

**Plan ahead** – You get a head start on winter heating bills by paying the budget amount throughout the year.

**Accurate billing** – Columbia Gas reviews customer accounts throughout the year so it can adjust your budget amount if needed.

**Joining is simple:** Customers can pay the budget payment plan amount on their August bills, enroll online or enroll by phone.

Each customer's budget billing amount is different, and it may be higher or lower than the average. The amount is based on the historical gas usage patterns for each home, the projected cost of natural gas on the wholesale market and current rates for service and delivery.

Customers should act now. Waiting beyond August will raise the payment amount because there would be fewer months in the budget year over which to spread the costs of winter heating.

Columbia reviews budget accounts in March to determine the impact of weather conditions and swings in the market price of natural gas. The company may adjust budget customers' payment amounts, if necessary, to keep them on track with actual account balances.

To enroll in the plan, customers can:

- Pay the promoted amount shown on their August bills, plus any non-utility charges for security deposits, optional services or fuel fund contributions, instead of the current amount due.
- Enroll online at [www.ColumbiaGasOhio.com](http://www.ColumbiaGasOhio.com). Log in to enroll at any time.
- Call (800) 344-4077. Select option 1 from the main menu and follow the appropriate prompts for information on the budget plan.

Columbia Gas of Ohio also offers programs to help customers conserve energy and save money on their nat-

ural gas bills. To learn more about energy-efficiency programs, visit [www.ColumbiaGasOhio.com/ways-to-save](http://www.ColumbiaGasOhio.com/ways-to-save).



## HEALTH CARE CALENDAR

### Swanton Health Care Hosts Free Memory Screening

Swanton Health Care and Retirement Center, 214 S. Munson Rd., Swanton, will host a free memory screening on Tuesday, August 23 from 2:00 to 4:00 p.m. by appointment only.

To make a reservation, call Chris at (419) 825-1145. For more information, visit [www.nationalmemoryscreening.org](http://www.nationalmemoryscreening.org).

### Hospice Of Northwest Ohio Sets Caregiver Program

"Caring for the Caregiver," a free two-session workshop designed to help those who are caring for the needs of a friend or family member find personal meaning in the experience, is being held on:

Tuesdays, August 23 and 30 from 2:00 to 4:00 p.m. at Hospice of Northwest Ohio Toledo Center, 800 S. Detroit Ave., Toledo. Register by Wednesday, August 17.

Thursdays, September 22 and 29 from 2:00 to 4:00 p.m. at Hospice of Northwest Ohio Perrysburg Center. Register by Friday, September 16.

Saturdays, October 22 and 29 from 10:00 a.m. to noon at Hospice of Northwest Ohio Toledo Center. Register by Monday, October 17.

Tuesdays, November 22 and 29 from 6:00 to 8:00 p.m. at Hospice of Northwest Ohio Perrysburg Center. Register by Wednesday, November 16.

Held in partnership with the Area Office on Aging, the general public is welcome to register for the workshop by contacting Julie Tucholski at (419) 931-5534.

### Alzheimer's Professional Caregiver Programs Offered

Professional caregivers are invited to learn more about Alzheimer's disease at one of three upcoming programs to be held in August through October at the Alzheimer's Association, Northwest Ohio Chapter, 2500 N. Reynolds Rd.

Dates and times are: Wednesday, September 14 from 10:00 a.m. to noon; and Tuesday, October 11 from noon to 2:00 p.m.

Each program, "The Basics: Memory Loss, Dementia and Alzheimer's Disease," will offer information about detection, causes and risk factors, disease progression, treatment and more.

Participants will earn two continuing education credits for social workers; nurses may also use social worker CE credits. The fee is \$15.00 per person and advance registration is requested, but not required. Lunch will not be provided, but participants are encouraged to bring their own.

For more information, contact the Alzheimer's Association, Northwest Ohio Chapter at (800) 272-3900.

### Good Grief Offers Peer Support To Grieving Children

Good Grief of Northwest Ohio meets on Tuesdays at 6:00 p.m. at 7015 Spring Meadows Dr. West in Holland. Good Grief provides peer support services to children ages 4-21 who are grieving the loss of someone important in their lives.

Dinner is provided, followed by group sessions that include age-appropriate healing activities to help children learn to cope with the loss while expressing thoughts and feelings through music, play, art and other activities.

Groups are open-ended. Families enter and leave at their own discretion, and there is no fee. Registration and orientation are required for participation. For further information, call (419) 360-4939 or register at [www.goodgriefnwo.org](http://www.goodgriefnwo.org).



## YOU DO HAVE A CHOICE!

You *do* have a *choice* for your rehab care after surgery. So, why not choose the best for your rehab and recovery...  
*Otterbein Skilled Nursing & Rehab Neighborhoods.*

- Recommended by patients
- Most major health plans accepted
- Pre-surgery reservations available

AVERAGE LENGTH OF STAY FOR REHAB  
*Otterbein Small House: 23 days • National average: 39 days*

The Otterbein experts are here to help!  
Call **Otterbein** today for insurance answers, more information, or to schedule a tour:

**(419) 308-0585**

Small House. Big Difference®  
[Otterbein.org/neighborhoods](http://Otterbein.org/neighborhoods)  
Non-profit, Faith-based care



**OTTERBEIN**  
SENIOR LIFESTYLE CHOICES

Skilled Nursing & Rehab  
Neighborhoods

**MONCLOVA/PERRYSBURG**



## FREE SENIOR MOVIE PASS

Call Now To Reserve Your Seat For A FREE Viewing!

**Tuesday, Aug. 16**

Noon — Free Popcorn & Soda  
1:00 p.m. — Movie Begins

**Maumee Indoor Theater**

**Call (419) 893-7686**

Between 8:30 a.m. and 4:30 p.m.

Sponsored by:



# SENIOR CITIZENS'

## CALENDAR OF EVENTS

The following events are planned at the Maumee Senior Center, located at 2430 S. Detroit Ave. For additional information about programs, call the center at (419) 893-1994.

### MONDAY, AUGUST 15

- Menu:** Grilled cheese sandwich, tomato soup, banana, dessert and milk.
- Chair Zumba, 9:00 a.m.
  - Zumba Lite, 9:30 a.m.
  - Tai Chi for Arthritis and Fall Prevention, 10:00 a.m.
  - Simply Lite Jazzercise, 11:00 a.m.
  - Duplicate Bridge, 12:30 p.m.

### TUESDAY, AUGUST 16

- Menu:** Parmesan breaded chicken, spinach, pears, bread, dessert and milk.
- Line Dancing with Claudette Davis, 9:00 a.m.
  - Cardio Drumming, 9:00 a.m.
  - Mahjong and Six-Handed Euchre, 10:00 a.m.
  - Tai Chi for Arthritis and Fall Prevention, 10:00 a.m.
  - Tai Chi: Moving for Better Balance, 11:00 a.m.
  - Jingo, 11:30 a.m.
  - Four-Handed Euchre, 12:30 p.m.
  - Chair Yoga Senior Stretch, 12:45 p.m.
  - Cardio Drumming, 3:30 p.m.

### WEDNESDAY, AUGUST 17

- Menu:** Baked fish, green beans, melon, potatoes, onions, bread, dessert and milk.
- Chair Zumba, 9:00 a.m.
  - Line Dancing with Michael, 9:00 a.m.
  - Zumba Lite, 9:30 a.m.
  - Maumee Senior Center Singers Practice, 10:00 a.m.
  - Tai Chi for Arthritis and Fall Prevention, 10:00 a.m.
  - Pokeno, 10:30 a.m.
  - Simply Lite Jazzercise, 11:00 a.m.
  - Poker, 12:30 p.m.
  - Bingo, 1:00 p.m.

### THURSDAY, AUGUST 18

- Menu:** Beef hot dog with chili sauce, corn, orange, dessert and milk.
- Blood Pressure Checks, 9:00 to 11:30 a.m.
  - Cardio Drumming, 9:00 a.m.
  - Line Dancing with Glenn LeFever, 10:00 a.m.
  - Six-Handed Euchre and Duplicate Bridge, 12:30 p.m.
  - Tai Chi for Arthritis and Fall Prevention, 2:30 p.m.
  - Cardio Drumming, 2:30 p.m.

### FRIDAY, AUGUST 19

- Menu:** Grillin' and Chillin' hamburger or bratwurst, watermelon, baked beans and milk.
- Line Dancing with Michael, 9:00 a.m.
  - Advanced Tai Chi with Dennis, 9:30 a.m.
  - Tai Chi, 9:30 to 10:30 a.m.
  - Simply Lite Jazzercise, 11:00 a.m.
  - Tai Chi: Moving for Better Balance, 11:00 a.m.
  - Pinochle and Skip-Bo, 12:30 p.m.
  - Chair Yoga Senior Stretch, 12:45 p.m.
  - Cardio Drumming, 1:45 p.m.

### Senior Center Sponsors Farmers Market

The Maumee Senior Center is hosting the Maumee Farmers Market on Fridays from 5:00 to 8:00 p.m. at the corner of Conant and Broadway adjacent to Food Truck Fridays. For more information call (419) 740-0064 or e-mail [maumee-farmersmarket@gmail.com](mailto:maumee-farmersmarket@gmail.com).

### Art Classes With Julie Harrison Available

Watercolor, drawing and oil/acrylic classes are available at the Maumee Senior Center. Watercolor and drawing is offered on Tuesday mornings at 9:30 a.m., and oil/acrylic on Thursdays at 11:30 a.m. The cost is \$30.00 for a six-week session. Art instructor Julie Harrison will teach the classes.

### Lowrey Organ Lessons Announced

Lowrey organ lessons are offered on Wednesdays at 3:45 p.m. Individual lessons are also available. Class is appropriate for all levels. To sign up for classes, call Jennifer at (734) 770-6860.

### Fitness Classes Offered At Center

**Cardio Drumming**, a SilverSneakers Flex class with Cheryl Rodgers, meets on Tuesdays and Thursdays from 9:00 to 9:45 a.m. Equipment is provided. No cost for SilverSneakers members and \$3.00 for others. Preregistration is required.

**Line Dancing** classes with Glenn LeFever meet every Thursday at 10:00 a.m. The cost is \$2.00 per class, payable to the instructor at the door. Class is open to intermediate line dancers; you need not be advanced to attend.

**Line Dancing** classes with Michael meet on Fridays at 9:00 a.m. The cost is \$2.00 per class, payable to instructor at the door. Everyone is welcome.

**Line Dancing** classes with Claudette Davis meet on Tuesdays from 9:00 to 10:15 a.m. The cost is \$5.00 per class.

**Tai Chi: Moving for Better Balance** classes are held on Fridays from 9:30 to 10:30 a.m. and on Tuesdays and Fridays from 11:00 a.m. to noon. The class is taught by a certified instructor. Preregistration is required.

**Chair Zumba and Lite Zumba** with Vickie Geha classes are offered on Mondays and Wednesdays at 9:00 a.m. The low-intensity total workout combines all elements of fitness and offers a way to get your heart rate up while "dancing" in a seated or standing position. The cost is \$2.00 for each class or \$4.00 for both.

**Simply Lite Jazzercise** classes meet every Monday, Wednesday and Friday at 11:00 a.m. The 60-minute class pairs moderate aerobics with exercises designed to improve strength, balance and flexibility using easy-to-follow movements. Cost is \$30.00 per month; try the first class free.

## SENIOR CALENDAR

### Community Carnival Set At Heartland Of Waterville

Heartland of Waterville and Heartland of Perrysburg present the Annual Community Carnival on Sunday, August 14 from noon to 6:00 p.m., with fair-style foods and games, a petting zoo, face painting and pony rides.

The event will take place on the campus at Heartland of Waterville at 8885 Browning Dr., Waterville.

### Maumee Indoor Theater Offers Senior Movie Day

A free senior movie day will be offered by Maison-Dardenne-Walker Funeral Homes & Crematory and Perrysburg Commons Retirement Center at the Maumee Indoor Theater on Tuesday, August 16 featuring Kevin Kline and Sigourney Weaver in *Dave*.

Doors open at noon and the movie starts at 1:00 p.m. Popcorn and refreshments are provided.

### Summer Concert Features Cake Walkin' Jass Band

Heartland Perrysburg Commons and Heartland of Perrysburg present a free summer concert with mile-high strawberry pie for dessert on Tuesday, August 16 at 7:00 p.m., with musical entertainment by Cake Walkin' Jass Band.

The event will take place in the courtyard of Perrysburg Commons (south side of the building) or in the dining room in the event of inclement weather at 10542 Fremont Pike, Perrysburg.

This is a lawn event. Please bring a lawn chair for seating.

### Advanced Planning Seminar Set In Perrysburg

A community seminar, "Advance Planning Just Makes Sense," will be held on Wednesday, August 24 at 6:30 p.m. with speaker Megan Coyle Stamos at Kingston Residence of Perryburg, 333 E. Boundary.

Planning ahead through wills and insurance policies prevents costly mistakes and protects families at a time of loss. The presentation is designed to guide attendees through the complete process of advanced planning.

RSVP by Monday, August 22 to (419) 872-6200.

### Memory Screening, Support Group Set In Swanton

Swanton Health Care and Retirement Center, 214 S. Munson Rd., Swanton, will host a free memory screening on Tuesday, August 23 from 2:00 to 4:00 p.m. by appointment only.

On Tuesday, August 30 from 3:00 to 4:30 p.m., an Alzheimer's Association Support Group meeting will be held.

To make a reservation for the memory screening, call Chris at (419) 825-1145. For more information, visit [www.nationalmemoryscreening.org](http://www.nationalmemoryscreening.org).

### Classes Available Free For SilverSneakers Seniors

Studio Fitness offers Chair Zumba, strength and balance fitness classes and Dancercise classes at no cost to SilverSneakers seniors 65 and older.

Chair Zumba classes are held on Mondays, Tuesdays and Thursdays at 9:00 a.m.

Strength and balance classes are held on Mondays, Wednesdays and Fridays at 11:00 a.m.

Dancercise classes are held on Wednesdays and Fridays at 1:00 p.m.

Studio Fitness is located at 1413 Bernath Pwky., off Airport Highway across from TGI Fridays. Parking is available. For more information, contact Karen at (419) 870-2318.

### Heartland Rehab Holds SilverSneakers Programs

Heartland Rehabilitation Services at Arrowhead Park, 518 The Boulevard, Maumee, is a SilverSneakers location and offers the following SilverSneakers classes: Classic Classes on Mondays and Wednesdays from 1:30 to 2:30 p.m. and Tuesdays and Thursdays from 11:00 a.m. to noon, and SilverSneakers Yoga on Tuesdays from 2:30 to 3:30 p.m. The gym is available during business hours. There is no cost for SilverSneakers members and low cost for nonmembers.

Call for information at (419) 897-9822.

### Free Home Safety Checklist Available For Seniors

The Home Instead Senior Care office serving the greater Toledo area is offering a free home safety checklist and other helpful tools for area seniors and their families.

According to the Centers for Disease Control and Prevention, nearly 20 million seniors ages 65 and older visit the emergency room each year, with almost a third of the visits related to injuries, many of which are sustained in the home. However, almost half of all home accidents by seniors (48 percent) can be avoided, according to a recent survey of emergency room doctors, conducted by the Home Instead Senior Care network.

To request a free home safety checklist, call the local Home Instead Senior Care office at (419) 472-8181 or visit [www.makinghomesaferforseniors.com](http://www.makinghomesaferforseniors.com).

# Our Family



caring for your family  
makes post-op rehab best.

**For care, you have a choice. Our homelike environment and attentive staff help you feel right at home when you stay with us. And together, we'll do everything we can to make sure the transition back to independent living goes smoothly.**

Visit **1125 Clarion Ave., Holland** or call **419.866.6124**

## Spring Meadows

Skilled Care, Assisted Living  
& Rehabilitation

A family owned and operated senior community

[SpringMeadowsCares.com](http://SpringMeadowsCares.com)

